

**Safety Requirements for Stage Performers & Stage Hypnotists**  
Information Provided by Susan Rosen

**Stage**

- Make sure area is clear of loose cables. Have the venue personnel responsible for your area tape or lay down carpet if necessary.
- Make sure stairs are secure.
- Chairs must be close together in a straight line to prevent fingers, hands or arms from getting caught.

**IF YOU NOTICE ANYTHING THAT IS NOT RIGHT CONTACT THE PEOPLE IN CHARGE OF THE SET UP TO CORRECT THE PROBLEMS DISCOVERED BEFORE YOUR SHOW.**

**Suggested Disclaimers**

- If you are pregnant, have any head neck or back injuries DO NOT VOLUNTEER.
- If selling videos, mention that by volunteering, volunteers are giving permission to be on the video.

**Volunteer Safety**

- Have your assistant help volunteers up the steps to the stage and also down the steps. Many people have accidents on the stairs.
- Be aware of edges of stage and warn volunteers not to get too close. Erect the imaginary wall to keep volunteers from jumping off the stage.
- Do not let volunteers run around stage. May knock over speakers or fall off stage.
- Be aware of possible phobias. Do not create more, such as fear of flying, snakes, rats and such....
- Be aware of allergies. Bees, bugs, food of any kind, etc. If a volunteer believes they are experiencing it, they will react to it. Also, you might have a diabetic and such.....
- DO NOT let a volunteer experience pain or excessive fear. This may cause heart problems.
- Make sure all volunteers only respond to you and no one else.
- Have volunteers put on the imaginary seat belt to keep them in their

seats.

### **Wake up all volunteers**

- You must remove all suggestions at the end of the show and fully 5 count all volunteers awake. Do not let anyone leave the area while still under.
- Work the area after the show to detect any problems with an audience member that may still be under the suggestion.

### **Misc. Items**

- Men, never use a urinal. Use a stall. No one can say you exposed yourself.
- Always keep your hands in the photos. You do not want to be accused of inappropriate touching!